



Advent/Christmas Preaching Workshop from the Institute for Homiletics:

**Like Sheep Without a Shepherd:
Preaching for People Under Stress during the Seasons of Advent and Christmas**

Presenter: Dr. Karla Bellinger

Who is invited: Ordained clergy and those in formation, within the Dallas area and adjoining dioceses

Workshop Location:

Saint Paul the Apostle Parish Center

900 Saint Paul Drive

Richardson TX 75080

Choose one of these sessions that fits your schedule best (Registration required):

1. **Wednesday, November 18, 2026 – 10 a.m. – 1:30 p.m.** with lunch provided
2. **Thursday, November 19, 2026, 5:30 – 9:00 p.m.** with dinner provided

Workshop Summary: We live in an overwhelmed and exhausted world. In the Advent and Christmas seasons, anxiety, depression and stress heighten, for both clergy and laity. We will look at these questions: What happens to a parishioner's capacity to hear when they are stressed? What kind of preaching is most sticky and transformative at this kind of time? How are you as a preacher best able to connect with people under stress, especially when you yourself may be overwhelmed?

In this practical and hands-on workshop, you will walk away with ideas and an outline for one Advent/Christmas homily. Bring the Scriptures with you that you want to work on. Learn the Lowry's Loop structure for a homily. Join with fellow priests and deacons for *lectio divina*, good food, relaxation, and camaraderie.

Please RSVP here <https://forms.gle/VtUmXsngNnXiaXJV6>

For more information, contact: Deacon James Baird at jgbaird@udallas.edu or 972.977.4549 or Jane Koenecke, Communications, jkoenecke@udallas.edu 972.669.9346

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